



THE 36TH EUROPEAN WEIGHT CATEGORY

KARATE

KYOKUSHIN

CHAMPIONSHIPS

MAY 20TH - 21ST 2023

WROCLAW, POLAND

1. Organizer

International Karate Organization Kyokushinkaikan

Shihan Agnieszka Sypień Branch Chief IKO Poland

2. Official hotel

Hotel HP Park Plaza****

11-13 Bolesława Drobnera Street, 50-257 Wrocław

Double rooms with breakfast - PLN 420 per night per room

Booking only by link: <https://tiny.pl/wIntw> (password: KYOKUSHIN)

Deadline of booking: April 10th, 2023

3. Place of the event

[35 Ignacego Jana Paderewskiego Avenue,
Multifunctional sports hall, 51-612 Wrocław](#)

4. Fees

Kata – 70 Euro (or 340 PLN)

Kumite – 70 Euro (or 340 PLN)

Kata + Kumite – 110 Euro (or 530 PLN)

Team kata – 100 Euro per team (or 480 PLN)

Sayonara Party – 55 Euro (or 260 PLN) **reservation until April 10th**

IKO Technical Seminar – 50 Euro (or 240 PLN); Branch Chiefs for free.

5. Registration

The registration process will take place via:

<https://mykyokushin.net/> between April 1st–30th, 2023

6. Mandatory protective gear

- head gear (no face cover 10~17 y.o. & +35 y.o.);
- body protector *hogo* 10~13 y.o.;
- fist guards (IKO standard) 10~17 y.o. & +35 y.o.;
- shin pads (IKO standard) 10~17 y.o. & +35 y.o.;
- groin cup for all men and boys;
- breast pads (IKO standard) for all women and girls.

Competitors must have their own personal protective equipment.
Organizer will provide only body protectors.

7. Competition rules

Competitions are held according to the international standards of the IKO rules.

The 36th European Weight Category Karate ChampionshipsMay 21st (Sunday)**Kata**

Prizes for places: 1st, 2nd, 3rd.

Category	I round	Final
Men	GEKISAI SONO NI	BASSAI
Women	GEKISAI SONO NI	BASSAI
Team Kata (3-5 competitors regardless of age and gender, max. 5 minutes)	-	ALL KYOKUSHIN KATA except Ura, Sanchin, Tensho, Bassai and Tekki

Kumite +18 y.o. (age as of May 18th, 2023)

Prizes for places 1st, 2nd, 3rd, 4th; fight for 3rd place.

Category	Weight categories	Elimination	Semifinal and final
Men	-60 kg; -70 kg; -80 kg; -90 kg; +90 kg	2m > 2m	3m > 2m > 2m > Tameshiwari > Weight (3kg) > 2m
Women	-55 kg; -65 kg; +65 kg	2m > 2m	3m > 2m > 2m > Tameshiwari > Weight (3kg) > 2m

European Seniors Karate Championships May 20th (Saturday)**Kumite 35-44 y.o.; 45 y.o. and over**

Prizes for 1st, 2nd, 3rd, 3rd; no fights for 3rd place.

Category	Weight categories	Elimination, Semifinal and Finals
Men 35-44 y.o.	-85 kg; +85 kg	90s > 90s
Men 45 y.o. and over	-85 kg; +85 kg	90s > 90s

European Juniors Championships May 20th (Saturday)**Kata**

Prizes for places: 1st, 2nd, 3rd place.



Boys	Girls	I round	Final
10-11 y.o.	10-11 y.o.	PINAN SONO ICHI	PINAN SONO NI
12-13 y.o.	12-13 y.o.	PINAN SONO SAN	PINAN SONO YON
14-15 y.o.	14-15 y.o.	TSUKI NO KATA	GEKISAI SONO SAN
16-17 y.o.	16-17 y.o.	SAIFA	GEKISAI SONO SAN

Kumite 10-17 y.o.

Prizes for places 1st, 2nd, 3rd, 3rd – no fights for 3rd place.

Age as of May 18th, 2023.

Boys	Weight categories	Elimination, Semifinal and Final
10-11 y.o.	-30 kg; -35kg; -40kg; -45kg; +45kg;	90s > 90s
12-13 y.o.	-40kg; -45kg; -50kg; -55kg; +55kg;	90s > 90s
14-15 y.o.	-50kg; -55kg; -60kg; -65kg; -70kg; 75kg; +75kg;	120s > 120s
16-17 y.o.	-55kg; -60kg; 65kg; -70kg; -75kg; -80kg; +80kg;	120s > 120s



Girls	Weight categories	Elimination, Semifinal and Final
10-11 y.o.	-30 kg; -35kg; -40kg; +40kg;	90s > 90s
12-13 y.o.	-40kg; -45kg; -50kg; +50kg;	90s > 90s
14-15 y.o.	-50kg; -55kg; -60kg; +60kg;	120s > 120s
16-17 y.o.	-50kg; -55kg; -60kg; -65kg; +65kg;	120s > 120s

8. Schedule

Friday, May 19th

Location: [Hotel HP Park Plaza, 11-13 Bolesława Drobnera Street](#)

10.00 – 19.00 | Verification of all competitors

15.00–18.00 | Judge Seminar with exam

18.00–19.00 | European Meeting of BC's and DO's

European Junior & Senior Karate Championships

Saturday, May 20th

Location: [Sports hall, 35 Ignacego Jana Paderewskiego Avenue](#)

9.00 | Judges meeting

10.00 | Start of kata competition (10-17 y.o.)

Start of kumite competition (10-17 y.o., +35 y.o., +45 y.o.)

18.00 | Award ceremony

The 36th European Weight Category Karate Championships

Sunday, May 21st

Location: [Sports hall, 35 Ignacego Jana Paderewskiego Avenue](#)

9.00 | Judges meeting

10.00 | Start of kata competition (+18 y.o.)

Start of kumite competition (+18 y.o.)

17.00 | Award ceremony

21.00 | Sayonara Party in Hotel HP Park Plaza

Monday, May 22nd

Location: [Ichiban Dojo, 65 Legnicka Street](#)

10.00 – 12.00 | IKO Technical Seminar

A detailed schedule will be announced soon.

For all competitors, coaches and judges who accommodated in an official hotel will be provided free transportation from the official hotel to the hall and back to the days May 20–21, 2023.

Tournament is free and open to the public, fans and supporters.

Osu!

Shihan Agnieszka Sypień IKO Branch Chief of Poland

For more information contact us:

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